



STEP-BY-STEPPE



ADRA Mongolia: Creating Opportunity, Changing Lives

Divine Love Evening



ADRA Mongolia "Safe Choice" project organized "Divine Love Evening" event for young people on Valentine's Day, with family radio FM 104.5.

The main purpose of this event were (1) to give right understanding for building successful marriage, (2) advice to prepare oneself to get married and (3) help to have happy family.

Fifty couples participated in the event. They heard interesting lectures regarding healthy relationship, the worth of true love, and successful family. At the end of the lecture, participants expressed their love to one another. It was precious time.

Furthermore, young guys experienced that they can have fun and contentment without any usage of alcohol or smoke with their beloved ones.

Thanks to "Family radio" FM 104.5 for the cooperation as well as to ADRA Germany for supporting these project activities.

Spring time and Children's health

During seasons change, particularly from winter to spring children's immune system weakens and tends to get sick. During this time vitamins, nutritious food as well as special care are needed.

ADRA Mongolia "Community based rehabilitation center" (CBRC) started one month "Earlier diagnosis and being healthy" campaign on the 23th of February, 2011. The campaign involves some essential activities such as;

- Health check and sick diagnosis for children with disability
- Physiotherapy
- Vitaminization
- To prepare hand outs, brochures and distribute them
- Series health training for children with disability, their parents and public
- Stress management training according to parents request
- To train health volunteers
- To organize "Our support for children with disability" event on secondary school # 37 in order to increase awareness of children with disability

Furthermore, project staff conducted "Tooth



health" training for children to educate them on tooth diseases prevention to keep them fit and healthy.

The activities listed above are conducted by CBRC project in cooperation with World vision, Chingeltei district hospital, 17th,18th, and 19th subdistrict governors as well as some health specialists.

We hope that those children with disability will be healthy, and energetic during this spring. The project is funded by Slovakia Aid through ADRA Slovakia.

Issue 33, February, 2011

www.adra.org.mn



ADRA MONGOLIA



Tobacco free environment - Community initiative competition

ADRA Mongolia's "Health Education Against Tobacco" project has begun the campaign called "Let's create tobacco free environment" among government agencies in order to create tobacco free government offices as well as encourage public to avoid or quit tobacco through government role models.

The campaign was implemented in over 30 government agencies, departments and other related sub departments.

The following activities were handed during the competition:

- Each organization made certain plan
- Each organization initiated creative activities to inform their employees, and customers about side effects of direct tobacco and second hand tobacco, display short audios in lounge, elevator as well as place tobacco damage advertisement, banners on the wall,
- Inform directly around 8383 adults about tobacco effects
- Some organizations announced one working day as a "Clean day", so employees and customers of that organization didn't smoke on that day.

On the final stage of the competition, six government agencies were prized as the best promoting organizations which are Public service department, City police department, Construction and urban planning department, State Inspection department, Water supply department and Tax department.

Prizes were handed to department chiefs were handed prize by Ulaanbaatar city mayor Munkhbayar.D, vice president Baatarzorig, Tsogzolmaa and ADRA Mongolia's health program coordinator Scott Rawson.

Thanks to all organizations that participated actively in the competition and took initiative to create tobacco free environment.



Warm Welcome to Our New Staffs

We are pleased and excited to welcome our new staffs to ADRA Mongolia family;

- Oyundelger – Community Food System project,
- Oyun Mele – Safe Choice project,
- Ardakh Khuangan - Sustainable Economic and Agricultural Learning project,
- Khulanbek Khuandag – Sustainable Economic and Agricultural Learning project

Farewell

We would like to bid goodbye to our dear friend Scott Rawson. Scott joined ADRA Mongolia initially as intern assisting MED program. He was subsequently promoted as Acting Health Coordinator resulting from his competence and great contribution to ADRA's work.

We wish all of you great success and happiness!

Adventist Development Relief
Agency (ADRA) Mongolia
Central PO Box 1038
Ulaanbaatar 210613
Mongolia
Tel: +(976) 11 315730

For a free subscription to our
monthly newsletter, please email
admin@adra.org.mn
For further details please visit our
website, www.adra.org.mn

ADRA Mongolia would like to
thank and acknowledge our
partners,
ADRA Australia
AusAID
ADRA International
ADRA Germany

Federal Ministry for Economic

Cooperation and Development
ADRA Canada
Canadian Food Grains Bank
ADRA Switzerland
CIDA
ADRA New Zealand
European Commission
DEKA
ADRA Slovakia
Slovak Aid

Without their support we would
be unable to improve the lives of
many Mongolians.
ADRA Mongolia has been serving
people locally since 1993 and we
need your support to continue
this necessary and important
work. Visit Ammodo.com to
donate now and help us in Creat-
ing Opportunities and Changing
Lives.

"Creating opportunity,
Changing lives"